INSTRUCTIONS FOR TAKING LOPINAVIR/РИTONAVIR PELLETS

1. Take a clean tablespoon and set it on a plate or a dish. (You could also use a small container or cup)

2. Remove correct number of capsules (as prescribed by your doctor) from bottle and place on clean surface.

3. Select the food of your choice to use when giving the child pellets. The food should either be semi-solid or liquid such as porridge, yoghurt, milk, water, or other foods available to you.

4. Take a capsule, hold it vertically then twist it in opposite directions while pulling gently to open it.

5. If using semi-solid Foods
   - Put a little food onto the spoon.
   - Pour some more food onto the spoon to cover the pellets.
   - Pour the required amount on the pellets on the food. It is advisable not to pour large quantities of pellets. Pour about one or two capsules at a time. Make sure that all pellets are on the spoon and that no pellets fall off.
   - Feed the baby with the food or liquid containing the pellets immediately.

6. If using liquids
   - Pour pellets into a clean spoon.
   - Add a small amount of the liquid on top of pellets but do not try to dissolve.
   - Feed the baby with the food or liquid containing the pellets immediately.
   - Follow up with more food or liquid to ensure that they swallow all the pellets.

7. For Babies who Breastfeed Exclusively
   - Place a little expressed breastmilk into a clean container.
   - Pour a small amount of the pellets on the spoon.
   - Add a little breastmilk on top of the pellets but do not mix or dissolve.
   - Pour a small amount of the pellets on the spoon.
   - Follow up with more breastmilk to ensure that the baby swallows all the pellets. Repeat this until all pellets are finished.

8. Advice for caregivers
   - Give pellets with food/beverage that child prefers to take and will swallow without chewing.
   - Ensure no pellets remain in the mouth as it will develop an unpleasant taste after a short time in the mouth.
   - If child is resistant or vomiting pellets, try to administer fewer pellets at a time.
   - Capsules must be opened to administer pellets. Capsules should NOT be swallowed.